

GUIDE TO THE BENEFITS OF DERMAL FILLERS





As you get older, your skin's elasticity decreases, leading to sagging skin. You also develop smile and laugh lines around your nose and mouth. Another unavoidable result of aging is furrows - or frown lines located on your forehead. Then, there's the glabella - the lines located between your eyebrows. Not a lot to look forward to admittedly. The result of all of this? Your skin will lose its young appearance.

But why exactly does all of this happen?

Because not as many natural dermal moisturizers and volumizers, including hyaluronic acid, are produced, thus leaving you with wrinkles and lines where youthful-looking skin once was.

DERMAL FILLERS: WHAT EXACTLY ARE THEY?

Fortunately, today, you can reduce the signs and symptoms of aging by restoring the hyaluronic acid you're losing. That's exactly why the majority of dermal fillers available today feature hyaluronic acid. This acid binds powerfully to water. Then, when it is injected, it hydrates, softens and volumizes your skin for a young, healthy look. Another popular type of filler is a biostimulatory filler, which is also known to be effective. What's so great about today's hyaluronic acid and biostimulatory fillers is that they offer predictable and consistent results.

In addition, most fillers feature lidocaine, or lidocaine can be added to them. The benefit of lidocaine is



that it significantly reduces the discomfort patients may feel when undergoing filler injections.

IMMEDIATE RESULTS WITH NO DOWNTIME

One of the biggest benefits of using dermal fillers? They provide immediate results. Once you undergo a filler injection, you will notice your appearance transform soon thereafter. On top of this, you don't have to worry about recovery time like you would following plastic surgery. In fact, you can complete the filler treatment in just 10 minutes depending on the number of areas needing treatment. Then, you're free to continue your daily errands or even go back to work. In fact, a filler treatment is sometimes described as a "lunchtime facelift."

The side effects you may experience as a result of your filler treatment are minimal. Just a little swelling or redness near your injection site is normal. Even then, this swelling and redness should disappear within several hours or one day. In the meantime, you can simply cover it up with makeup. You may more commonly experience bruising, but you can typically avoid this by following your practitioner's instructions prior to your filler treatment appointment.

LONG-LASTING EFFECTS

Yet another benefit of fillers is the lasting results you'll enjoy after getting them. In the majority of cases, you'll stay looking more youthful and beautiful for about one year. However, you might want to go in for a quick touch-up appointment in four to six months following your initial treatment. It's in your best interest to maintain your filler results. You can do this simply by scheduling your next treatment before your filler has had the chance to metabolize completely.

BENEFICIAL FOR THE SKIN

Most fillers feature a natural skin component that help the skin - a major plus for patients interested



in getting filler injections. Hyaluronic acid present in fillers are naturally occurring substances in the skin. Thus, when they are injected, they'll feel natural beneath your skin. It's just another reason to love the skin you're in after you get a filler treatment.

SUBTLE RESULTS

If you choose to receive dermal fillers, you'll also love how subtle and natural looking the results are. That's exactly what you want if you're like most patients. After all, who honestly wants to look like a totally different individual after the treatment than he or she was before it? You simply want to be the best version of yourself. With dermal fillers, the majority of people won't even know what you had done. All they'll notice is that you look amazing.

SELF-CONFIDENCE BUILDER

This is a clear outcome when it comes to the life-changing advantages of dermal fillers. People who receive fillers generally improve their self-confidence following their treatment. They simply love how their fillers look and feel. At the hands of an experienced aesthetic practitioner, you can achieve amazing natural looking results and love how you look like never before.

PLUMPNESS

As you grow older, your skin will lose collagen and fat. In other words, you'll lose your youthful plumpness. Replacing the young, healthy look you've become accustomed to will be a hollowed-out look and more blatantly obvious wrinkles --

clear signs of advancing age. Fortunately, fillers help to counteract these problems by making your skin plumper. In the end, you'll end up with fuller-looking cheeks as well as fewer facial wrinkles.

BOTOX COMPLEMENTS DERMAL FILLERS

Another benefit of using dermal fillers? Botox complements fillers perfectly!

As you get fillers, you might notice that a few of the wrinkles on your face are particularly deep - especially those on your forehead and glabella. Or maybe you notice vertical lip lines near your mouth. In these situations, you may want to receive a Botox or Dysport treatment. This product will temporarily reduce the muscle activity responsible for your deep wrinkles and frown lines. It's perfect for tackling those lines and wrinkles that dermal fillers won't eliminate. With the powerful combination of fillers and Botox or Dysport, you may be able to delay or even avoid surgery, such as a facelift, down the road.

GREAT FOR YOUR LIPS

Of course, fillers aren't just good for filling in wrinkles and cheeks. Fillers can work wonders for your lips. Tired of thin lips? Fillers can make your lips look plumper and sexier. At the same time, it'll soften the appearance of annoying wrinkles around the mouth. With dermal fillers, you can finally stop feeling self-conscious when it comes to your lips. In fact, your lips just might become your favorite feature. Just be sure to get lip fillers with an experienced aesthetic practitioner to ensure yourself an experience that is safe and that yields natural looking results.

SAY GOODBYE TO SCARS

A major advantage of springing for fillers is that they can improve the appearance of scars. This is a big deal if you've spent years applying makeup to hide unsightly scars as a result of acne, for example.





declines. This is accelerated if someone has a lot of sun damage. Collagen is one of your skin's essential building blocks. When collagen ends up breaking down, the signs of aging is more apparent. This includes having coarse skin texture and wrinkles. Dermal fillers, however, can help your body stimulate more of its own collagen, just as a younger individual's skin does. This translates to the younger, healthier-looking skin you're after -- in a natural way.

THE RIGHT CHOICE

Not sure whether dermal fillers are the right choice for you? Start with a comprehensive consultation with an experienced aesthetic practitioner. During the consultation, your aesthetic goals and skin care needs will be discussed and evaluated, and a customized plan for achieving amazing natural looking results will be created. A wide variety of dermal fillers are available, so an experienced practitioner will help you to make the right selection for your individual needs in tone and texture. It can take up to 10 sessions, a few weeks apart, before you can clearly see the differences.

DERMAL FILLERS

As one ages, the face loses volume and wrinkles and skin folds appear as a result of smiling and frowning. Fillers work by restoring the volume of part of the face or filling the lip or wrinkle and are gradually digested by the body. Fillers can be injected during normal consultation.

Your practitioner can help you to determine if dermal fillers are an option for treating certain scars.

BOOST YOUR COLLAGEN

Last but not least, biostimulatory fillers, like Radiesse and Sculptra will stimulate the body's natural collagen. A major reason that your skin ages as you get older is that collagen production

At Amwaj Polyclinic, we tend to apply a cream before for the numbness to reduce the discomfort. Additionally, ice can be applied before and after injection as well. Fillers can be injected in the lips or wrinkles and you can usually return to work the same day. Occasional swelling may occur, especially in the lips. Therefore, if it's your first-time, you may want to schedule the first injection on a day close to the weekend.



If you're looking for a top-class Polyclinic offering patient-centred medical and aesthetic services for the whole family, look no further than Amwaj Polyclinic, where we combine the best medical practices with a friendly and caring environment.

For a decade, our leading, renowned, and respected medical doctors, nurses and aesthetic therapists have offered immaculate, highly-professional medical care using the latest technologies.

We have carefully selected a professional team of top-class medical doctors for Plastic Surgery, Dermatology,

Obstetrics & Gynaecology, Paediatrics and Family Medicine, along with experienced Aesthetic Therapists for Laser, Slimming (LPG), Radiofrequency, and Facial Treatments. Additionally, we have developed a special patient-care program, ensuring close and personal attention to your specific wants and needs with the goal of surpassing your expectations.

All of our staff is trained to ensure you have a comfortable experience so that you and your family can feel safe and protected whenever you need professional healthcare assistance. Dr. Jef Vangenechten Owner and Managing Director

We are open on weekends and conveniently located at JBR, Amwaj 2 on the Plaza Level. We offer free parking to our clients. (Enter Amwaj 1 parking).

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